

**Maverick Ski Team  
Information Meeting  
Main Hall 218  
Dec. 18th @ 6:00**



# AGENDA

- › Introductions
- › Program Goals and Overview
- › Coaching Staff
- › What to Expect: Daily Schedule, Calendar, and Procedures
- › Communication
- › Parent Resources - Membership, Northern Division, Ski Racing 101
- › Questions/ Tutorial for Membership

# What is PMEAF?

*The Pioneer Mountain Education Foundation is a 501-c(3) non-profit organization founded in 2016. Our cornerstone program is the Maverick Ski Team, which provides alpine skiing skill development and racing opportunities for youth ages 7 to 17 as a registered US Ski and Snowboard Club.*

## **Board Members:**

- **Alex Dunn, President**
- **Alison Dunn, Treasurer**
- **Nicole Cottom, Board Member**
- **Kristi Borge-Board Member**
- **Jamie Cottom- Board Member**

\*If you are interested in becoming a board member or volunteering, please let us know!



# 2026 Coaching Staff

- **Dori McNeil**- Head Coach for Development Program
- **Joe Brandon**
- **Emma Makela**- Race Coach
- **Sara Maslen**
- **Brendan Aiken**
- **Bennett Kailey** (Junior Coach)
- Volunteer Board Members also support coaching
- **John Borge**- Coach Educator



# Introducing...Coach Emma!



- BS in Finance from Montana State University 2022
- Nubs Nob Ski Area (Michigan) Ski Instructor (All Ages) 2017-2019
- NNR (Nubs Nob Racing) JART (Junior Alpine Racing Team) Interim Coach 2018-2019
- Yellowstone Club Race Crew Member 2019-2021
- Yellowstone Club PSIA Level 1 & Child's Specialist I Ski Instructor

# Coaching Staff

- › All required to complete
  - Criminal background check
  - Safe Sport training (minor athlete abuse prevention)
  - Concussion training
  - Coaching course
  - CPR/First Aid
- › Ski racing or instructing experience

# PROGRAM GOALS

- › • Provide supportive and safe environment for athletes to grow their all-mountain skiing skills
- › • Introduce fundamentals of alpine ski racing and other competition avenues
- › • Have FUN!



# Program Details

- Coaching and instruction from 9:30 to 11:30 (a.m.) and 12:30-2:30
- End of season athlete evaluation
- Team jacket rental
- End of season fun race- Maverick Challenge (March 7th-8th)



# Typical Daily Schedule

**9:30: Meet** ready to ski, at brown timing hut (above main lodge deck), daily team meeting/ goals

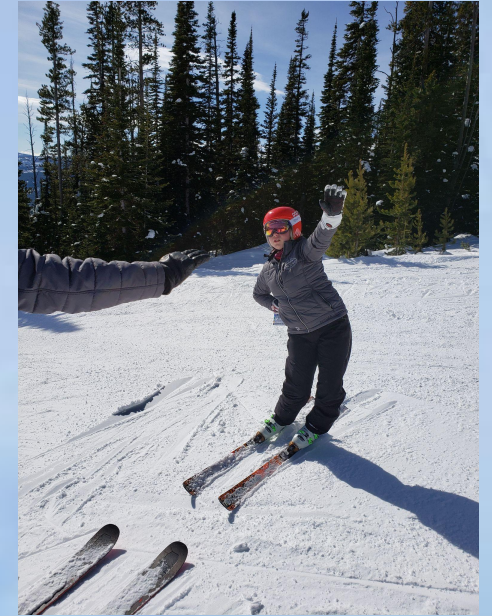
- Load Lift for morning warm-up on top
- All-Mountain Freeskiing with skill progressions
- **11:30 Lunch-** Parents need to provide lunch for children or meet in lodge

**12:30** Skill games, drills, goal-setting, courses on **T. Lee**

- Wrap-Up / Skill Review
- **2:30 Athlete Pick-Up (Development Program)-** Same as drop-off

**3:30 Race Program Dismissal**

- *Parents must let coaches know their plans for meeting child*



# PROGRAM OPTIONS

- **Development Program- Sun. Jan. 4th- Feb. 22nd**
  - 8 Sundays + Participation in Maverick Challenge race
  - Introduction to racing but less time in gates
  - 9:30-2:30 with 1 hour break for lunch (11:30)
- **Race Program**
  - 3 Additional training days focused on race preparation
  - 9:30-3:30
    - Slalom, Giant Slalom, SG for U14-U16
    - Racing rules and techniques
    - Out of area races (Red Lodge, Great Divide, Showdown Speed Camp, Discovery, Etc.)



## **Is this program right for me?**

- Do you want to work hard to improve your skiing?
- Can you load the lift on your own?
- Can you ski from the top of Maverick without assistance?
- Can you manage your equipment?
- Are you interested in learning racing techniques?
- Do you want to make friends while skiing?

# Little Skiers or Ski Team?

## **Dillon Jaycees Little Skiers**

- › 4-week sessions (all day)
- › Includes lunch and transportation, gear rental
- › Recreational
- › Maverick Ski Instructors
- › Ski and snowboard
- › Group Size can vary
- › All levels of skill
- › Provides foundational skills

## **Maverick Ski Team**

- › 8-week session + Maverick Challenge Race
- › Team Jacket/ access to race equipment
- › US Ski and Snowboard Membership required
- › Coaching staff w/ racing experience
- › Introduction to racing
- › Need foundational skills to join

## Athlete Expectations

- Participate in drills and skill development
- Treat teammates, coaches, mountain staff, and equipment with respect; stay with group
- Follow the skier responsibility code
- Always wear a helmet (buckled)
- **Have a lift ticket each day**
- Come prepared for weather
  - Extra layers, hand warmers, long wool socks
- Lunch is with parents/guardians
- Wear team jacket and keep it clean



## Foundation Stage

### PHASE 1

Biological Age  
Pre Puberty

#### Age

2-8 years old

#### Play Age

1-4 years in sport

#### Participation

Ski around 1 day a week  
20 days a year  
At least 95% free skiing  
Play many other sports -  
gymnastics or balance-  
based sports

### PHASE 2

Biological Age  
Pre Puberty

#### Age

6-10 years old

#### Training Age

1-4 years in sport

#### Participation

Ski 2-3 days a week  
50 days a year  
At least 90% free skiing  
Fun races  
Play many other sports

## Pre & Post Puberty

### PHASE 3

Biological Age  
Pre Puberty

(Before Growth Spurt)

#### Age

Girls: 10-13: J4 (J5-J3)

Boys: 11-14: J4 (J4-J3)

#### Training Age

4-8 years in sport

#### Participation

Ski 3-4 days a week  
70 days/year  
At least 60% free skiing  
Competition Period: (Jan.-April)  
Number of race starts: 10-15  
Ratio 1:6 (race:training)  
Play complementary sports

### PHASE 4

Biological Age  
Puberty

(Growth Spurt)

#### Age

Girls: 11-14: J3 (J4-J3)

Boys: 12-15: J3 (J4-J2)

#### Training Age

5-9 years in sport

#### Participation

Ski 4-5 days a week  
100 days/year  
At least 30-50% free-skiing  
Competition Period: (Dec.-April)  
Number of race starts: 15-30  
Ratio 1:5 (race:training)  
Play complementary sports

### PHASE 5

Biological Age  
Post Puberty

(After Growth Spurt)

#### Age

Girls: 12-16: J3 (J4-J2)

Boys: 14-17: J2 (J3-J1)

#### Training Age

6-11 years in sport

#### Participation

Ski 4-5 days a week  
120-140 days/year  
At least 15% free skiing  
Competition Period: (Nov.-April)  
Number of race starts: 25-max 45  
Ratio 1:4 (race:training)  
Play complementary sport

## World Class Performance Full Maturation

### PHASE 6

Biological Age  
Full Maturation

#### Age

Female: 16+ J2-J1

Male: 17+ J1

#### Training Age

Minimum 10+ years in sport

#### Participation

Ski 4-5 days a week  
130-150\* days/year  
At least 10% free-skiing  
Competition Period: (Nov.-April)  
Number of race starts: 55\*  
Ratio 1:3 (race:training)  
\*based on the number  
of disciplines

# Calendar



# Communication

**Team Reach App-** General announcements, cancellations and sudden absences

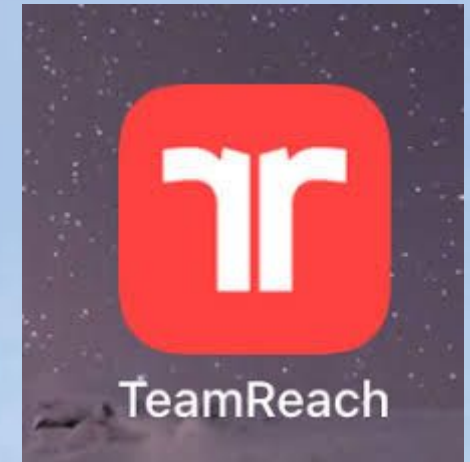
Send updates here if running late or will be absent

**Email:**

pioneermountained@gmail.com

**Website:** [pioneermountained.org](http://pioneermountained.org)

**Facebook:** @pioneermountained



**Group Name:**

PMEF Maverick Ski Team 2026

**Group Code:**

PMEFSKI2026

## Important Policies



SKI &  
SNOWBOARD

- › US Ski and Snowboard membership-  
required for participation
  - Alpine (please select PMEAF as Club- Northern Division)
  - General or Competitor
  - Includes many discounts/ benefits on gear
- › Concussion Policy
- › Cold Weather- Zero Degrees
- › MAAP Policy: Minor Athlete Abuse Prevention

# Fundraisers this Year

- › **Business Sponsorship Drive-** for jackets and equipment (December)
- › **Grocery Bagging** @ Town and Country- January (TBA)
- › **Ski-Venger Hunt** and Raffle- President's Day Weekend

# Resources

- › Page: <https://www.facebook.com/pioneermountained/>
- › • United States Ski and Snowboard: <https://usskiandsnowboard.org/>
- › • USSA Parent Page: <https://usskiandsnowboard.org/sport-development/parents>
- › • USSA Membership: <https://usskiandsnowboard.org/membership> ;
- › • Equipment Rules: [https://usskiandsnowboard.org/sport-programs/rules-equipment/alpine- equipment](https://usskiandsnowboard.org/sport-programs/rules-equipment/alpine-equipment)
- › • Northern Division Website: <http://www.northernussa.org/>
- ›

## Wrap-Up

› Questions???

› • USSA Membership help

